

FAMILY CAMP

FRIDAY

- 4:00 - 5:00 Check in, Unpack & Explore Camp Friendship *Bring your scrapbook page to dinner
- 5:30 Dinner & Announcements
- 6:30 Evening program in DeGross
- 7:45 Movie in DeGross - *Inside Out* *Meeting room open for lounging and board games
Gym and game room open in downstairs Program Center
Bonfire & s'mores at Amphitheater til 9:30pm

SATURDAY

- 7:00 am Optional parent coffee club in the dining hall hosted by Marc Schumann
- 8:00 Breakfast & Announcements *New - please arrive on time for breakfast as food will not be served later in the hour. Announcements will be at 8:30am.
- 9:30 Morning Activities - see list of location for each activity on reverse

	9 years old and under*	10 years old and over*
9:30 to 10:30	Service Fair	Personality Islands
10:45 to 11:45	Personality Islands	Service Fair

**Please rotate with the group based on the age of your heart hero. If you have a heart hero in both age groups, rotate based on the age of the younger one.*

- 12:00 Lunch & Announcements
- 12:45 or 1:15 Kid Time - See separate Kid Time sheet for drop off time(s), groups and details.
Pick up by 3:45. Snacks provided. Check your child(ren) in with an Odayin volunteer for Kid Time before arriving for the (optional) parent educational opportunity that begins at 1:30 in the DeGross Center.
- 3:30 Free Time: Feel free to rest or explore.
- Camp Odayin merchandise will be for sale in Degross
 - Explore camp - trails, gaga ball, basketball, volleyball, fishing from shore
 - Gym & Game Room open (Program Center, downstairs)
- 5:30 Dinner & Announcements – **Wear your costumes** *Jonny Pops for dessert!! Plan to leave dinner and go right to your first activity. Dining Hall closed for the night!
- 6:30 Evening program *see locations on reverse
- 7:25 Activities end; Meet at the Green for Happiness Runs
- 7:45 Movie in DeGross - *Inside Out 2* *Meeting room open for lounging and board games
Gym and game room open in downstairs Program Center
Bonfire & s'mores at Amphitheater til 9:30pm

SUNDAY

- 7:00 Optional family-friendly yoga with Melanie Benjamin from Vital Being
- 7:00 Optional parent coffee club in the dining hall hosted by Marc Schumann
- 8:00 Breakfast --**Wear pajamas** Announcements will be at 8:30am.
- 9:30 Talent Show in DeGross *Turn in your completed evals & name tags *Bring Scavenger Hunt
- 11:00 Cabin clean up and farewells

LOCATION of ACTIVITIES

FRIDAY:

Evening Program & Movie (Inside Out) - DeGross

Odayin Game bin / Lounge - meeting room of DeGross

Gym & Game Room (foosball, pool table) - Program Center, downstairs

DINING HALL: The beverage center can be accessed throughout the day but will be closed for the evening once dinner is over. Opens @ 7am.

Saturday Morning

Parent Coffee Club - Dining hall

Activity Rotations:

Personality Islands – Upper, Lower & outside of Program Center

Service Fair:

- Upper, Lower & backyard of the Lodge – wooden birdhouses, towel bundles, paracord lanyards, joke bags, sandwich making, birthday cards, coping skills spinner
- Arts & Crafts - fingerprint art, watercolor painting or heart-shaped messages of hope, worry stones

Drinking fountains/water bottle refill stations in the Program Center and Degross.

Saturday Afternoon:

Parent Time - DeGross

Kid Time Drop off & Pick up Locations - drop off at 1:15 unless otherwise noted

- ages 3-5 - Meeting room in DeGross (Fireside)
- ages 6-12 - Program Center, downstairs gym
- ages 13-17 - **Meet at 12:45 @ Program Center** *Wear closed toed shoes, loose pants, and long hair tied back. We'll walk to the ropes course together.

Note: The teens will be at the low ropes course and high ropes course (with zipline) from 1:00-3:30. The courses are accessible by car if you'd like to drive your child after you check in with an Odayin volunteer. The courses are ADA compliant and adapted to meet the needs of various disabilities. The activities will be led by experienced and highly trained Camp Friendship staff and focused on inclusion, teamwork, and building resilience. There will be a van and first aid kit at the course. If you have questions, please see Brooke.

Saturday Evening Activities:

Upper Lodge - jellybean tasting, candy jar for guessing, snack

Lower Lodge - 3 group games designed for multiple families

Upper PC - Hot potato game, yarn web escape, dance party

Lower PC - blindfold obstacle course, relay game, and balloon challenge (keepy uppy)

Arts & Crafts - Calm Jars, Bingo

And then...

Movie (Inside Out 2) - DeGross

Odayin Game bin / Lounge - meeting room of DeGross

Gym & Game Room (foosball, pool table) - Program Center, downstairs

Sunday Morning

Parent Coffee Club - dining hall

Yoga class - Degross Meeting Room

Talent Show & Goodbyes - DeGross

Happiness Runs (our closing song):

Happiness Runs in a circular motion,
Love it like a little boat upon the sea.
All of our hearts are deeper than you can see,
You can be happy if you let yourself be.